FAACT's Kwanzaa Crossword Puzzle



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- 2. Kwanza is mostly celebrated in this country.
- 3. Food Allergy & Anaphylaxis Connection
 Team, also known as _____, has resources
 on their website to help manage food
 allergies at home.
- 4. During Kwanzaa candles are lit in a .
- 5. A severe allergic reaction that comes on quickly is ______.
- 6. A Kinara in Kwanzaa holds candles.
- 10. Kwanzaa celebrations include _____, dances, storytelling, reading, and a sizeable traditional meal.

Across:

- The seven principles of Kwanzaa are unity, self-determination, collective work and responsibility, cooperative economics, ______, creativity and faith.
- 4. _____ is a holiday designed to celebrate family, culture, and heritage.
- 7. If you are unsure of the ingredients in a food, you should ______ eat it.
- 8. The colors of Kwanzaa are a red, black, and
- 9. ____ reactions to a food allergen do not predict future reactions.
- 11. There is no _____ for food allergies.



FoodAllergyAwareness.org

